



## Terms of Reference Psychologist Therapist - Freelancer

### BACKGROUND

LAW is an independent, non-profit organisation comprised of human rights lawyers working in fragile and conflict affected areas in the Middle East, Africa and South Asia. We have a particular focus on gender equality and sexual and gender-based violence, natural resource exploitation, rule of law and accountability, and transformative justice, working to bring justice to those who need it most. LAW's ground-breaking work has received international and local media coverage, and recognition.

LAW is expanding and in order to meet the evolving needs of our staffs and workers we are looking for a dynamic and experienced Psychologist Therapist across multiple countries to provide timely and effective psychosocial support. We want to embed a culture of promoting mental, emotional, social wellbeing and self care, so join us, and be part of the LAW family. Following are some of the countries LAW has a presence but this is not an exhausted list:

- ❖ Lebanon: Beirut,
- ❖ Jordan: Amman,
- ❖ Colombo preferable, Sri Lanka
- ❖ Cox Bazar or Dhaka Bangladesh

You will be work closely in partnership with HQ to deliver a positive and proactive approach to delivering supportive intervention such as mindful therapy sessions either within group participants and or on individual (confidential) one to one basis as required in the native language and in person subject to covid-19 restrictions. These will vary and must reflect the team needs and culture sensitivities within the country context.

With your technical expertise you will guide LAW on the structure of the interventions being recommended such as creating opportunities, applying compassionate techniques via art etc to release and express concerns, challenges, experiences and raising awareness. You will be our focal point to providing quality support mechanisms and offer tools for resilience and well-being, boosting quality of work, preventing burnout and promotes self-compassion and positive social interactions.

The Psychologist Therapist /Advisor will have extensive experience within the Humanitarian environment having worked with international organizations and NGOs on field and mission, as well as intimate knowledge of the local context and threat environments.

### CONSULTANCY DESCRIPTION

**Reports to:**  
Head Office

**Duration:**  
12 Month Rolling Period

**Location:**

Multiple: - Lebanon, Jordan,  
Sri Lanka, Bangladesh etc

**Hours:**

As per each assignment  
(group sessions / individual sessions)

**Functions/ Key Deliverables:**

The Psychologist Therapist / Advisor will have the following ad hoc activities to provide a healthy and supportive mechanisms to meet the needs of the teams (in groups or individually) in a safe and confidential manner:

- Deliver timely debrief sessions on wellbeing and self care through interactive methods, encouraging resilience and provide tools/guidance in the native language as and when required.
- Design appropriate model depending on the participants requirements by creating opportunities to express themselves – their concerns, challenges, experiences, raising awareness.
- Provide quality tools and guidance for resilience and well-being boosts; emotional and mental
- To be the first point of call for LAW in a crisis situation and be available to offer counselling sessions
- To make recommendations to HQ in a crisis or emergency situation within a country or work matter; delivering advice and guidance

**Experience, Skills and Qualifications Required:**

- Relevant bachelors degree in Psychology or Psychological training with demonstrated clinical/counselling experience
- Minimum 10 years relevant experience demonstrated in hostile environments or humanitarian backgrounds
- Demonstrated knowledge and culturally sensitive of the context and excellent knowledge of the focus areas in the respective country applying for;
- Experience gained through providing expertise to international organizations or NGO
- Trained and experience in facilitating interventions and required techniques, competencies
- Excellent written and oral English, in addition to speaking the native language where this position will be based
- Strong communication and interpersonal skills
- Ability to be flexible and meet deadlines;



- Ability to manage relationships at all levels, possess excellent negotiation and communication skills.

## HOW TO APPLY

If you have the relevant experience and looking for your next challenge we would like to hear from you. Come on board and be part of our journey to creating a positive and healthy working environment for all our staff and workers.

**Deadline for receiving applications:** 8<sup>th</sup> November 2020

**Start date:** Immediate start

Please email a CV and statement of interest (neither exceeding 2 pages of A4) in English to [recruitment@legalactionworldwide.org](mailto:recruitment@legalactionworldwide.org). The subject of the application should read '**Psychologist Therapist**' and should include details of which country you are applying for and your service fee/daily rate.

Only shortlisted candidates will be contacted for interviews.

- LAW is an equal opportunity employer